

PU LUONG OFF-ROAD TREKKING

3 days 2 nights from Hanoi

Usual attractions, but unusual ways to approach. We offer the best trek in Pu Luong Nature Reserve with plenty of off the beaten track moments. Listen to the sounds of nature and watch Pu Luong village life along the way.

HIGHLIGHTS

- Conquer Kho Muong & largest cave by off-road trails
- Seek for remote houses at Bang villages with enchanting rice fields
- Trek on the most scenic road through vast rice fields in Pu Luong
- Visit the remotest part of Hieu Village by unknown terrains
- Admire water wheels, enjoy bamboo rafting

DAY 1: HANOI – PU LUONG (L - D) Caving | Scenic Rice Fields

07:00 AM: Pick up at your hotel in the Old Quarter area. Expect a 4-hour drive without heavy traffic.

10:00 AM: Stop for a 15-minute rest break halfway through the journey. Enjoy picturesque village landscapes along the way.

12:00 PM: Arrive at Pu Luong Nature Reserve. Have lunch at a local restaurant. Check-in at your reserved room (standard check-in time 14:00) and relax at your own pace.

01:30 PM: Afternoon trek, Difficulty level 4/5.

Transfer to the Meeting Point and commence a 10km trek. Explore Kho Muong, an isolated village surrounded by a valley and the largest cave in Pu Luong, using off-road trails via streams and mountains.

Depart from the village and head to scenic Bang village to discover remote houses with beautiful terrace fields. Return to the hotel and relax by 05:00 PM.

Evening: Culinary exploration and leisure

Optional cooking class for those interested. Enjoy a delicious dinner at 7:00 PM, followed by free time to relax. This concludes your first day in Pu Luong.

DAY 2: PU LUONG (B - L - D) Enchanting 19km Off-Road Trekking

09:00 AM: Meet and greet our local guide at the meeting point.

Get ready for a 5KM hike, the accent is Don village famed for breathtaking paddy fields. From there, follow peaceful village paths to discover Quan and Uoi - scenic and less-traveled villages tucked away from the crowds

Next, visit Lan village, a special place where the authentic life of the Thai ethnic minority still be alive. This is the only village that has preserved its traditional weaving craft despite the changes of modern life. You will witness how locals still make their fabrics by hand.

Continue the trek with another 3KM into the hidden part of Lan village, where people live humble with nature. Observe their daily activities and immerse yourself in the simplicity of rural life. Then, walk through lush jungle paths to reach Long Village, where you will visit a duck farm raising Co Lung ducks – the Pu Luong’s finest duck. These ducks are bred, hatched, and raised here, known for their exceptional taste and recognized by the Intellectual Property Office of Vietnam with a Geographical Indication certificate.

Lunchtime: Refreshing break by the waterfall

A car (or bicycle if pre-booked) will take you 6KM along village roads to reach Hieu Village. From here, take a short walk to a local restaurant nestled next to Hieu Waterfall. Enjoy a delightful lunch with the soothing sounds of water and nature all around you.

Website: puluongexcursions.com

Email: puluongexcursions@gmail.com

Hotline/ Zalo/ Whatsapp: +84 975 432 588

Address: No. 13 Hang Muoi, Hoan Kiem Dist., Hanoi city

Facebook, TikTok, Youtube, Instagram @puluongexcursions

Afternoon: Waterfall exploration & return journey

After lunch, take your time to swim and unwind in the largest waterfall of Pu Luong Nature Reserve - an unforgettable moment in crystal-clear waters.

Then, continue your walk to explore the upper part of Hieu Village, a more remote area, before gradually following the stream down to the main road. Enjoy scenic views of surrounding mountains and small scattered homes - glimpses of local life along the way.

Note: Guests who ride bicycles will follow the main roads after lunch and time at the waterfall, visiting some villages along the way before returning to the starting point.

You can expect a car pickup between 3:30 – 4:00 PM, arriving back at the hotel by 4:30 PM for some well-deserved relaxation. Say goodbye to your guide and end the tour.

Evening: Culinary exploration and leisure

Enjoy a herbal foot soak, happy hours. At 7:00 PM, savor a delicious dinner, and then you're free to enjoy the evening at your own pace. This marks the end of an enchanting day in Pu Luong.

DAY 3: PU LUONG - HANOI (B - L) Village Life | Water Wheels | Rafting

07:00 AM: Enjoy breakfast and prepare for the day's activities. Be ready by 8:30 AM.

08:45 AM: Transfer to Ban Cong and start a 2.5km walk. Cross a suspension bridge to reach one of Pu Luong's most scenic villages, where the largest stream flows through. Along the river, admire stunning landscapes, rice fields, and village life. Seek for the giant water wheels, a remarkable creation of Vietnam's mountainous ethnic minorities. Difficulty level 2/5.

Arrive at Chieu Lau dam and embark on a bamboo rafting experience. Paddle the raft upstream with locals and have fun.

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10:00 AM: The raft lands on the other side of the river. Embark on another 2km trek through rice fields and villages, completing a loop trail. Meet the transfer at the main road and return to your hotel for check-out by 11:30 AM. Enjoy lunch.

01:00 PM: Prepare for the bus journey back to Hanoi. Expect to arrive at your hotel in Hanoi by 6:30 PM, barring heavy traffic. The tour concludes at your Hanoi hotel.

Timing and distances are measured from Puluong Excursions' meeting point at Don Village. Detailed timelines will be provided by the tour operator based on your actual location before departure.

INCLUDED	EXCLUDED
Insurance	VAT
Full breakfasts, lunches, dinners	Bicycle, drinks & laundry
Homestay on traditional stilt house, WiFi	Fee for upgrade to private room
Limousine bus two ways Hanoi - Pu Luong	
English speaking tour guide in Pu Luong	
Local guide, sightseeing tickets	
Transfer in Pu Luong as Itinerary	
Bottled water on tour	

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